



## COURSE CUES

**From the town of Old Fort there is a police lead mass start out to Old US Highway 70.**

- From Water St, you will take a RIGHT on Catawba Avenue.
- Make an immediate LEFT on Commerce Street.
- Make a RIGHT on Orchard St.
- Make a LEFT on Old US Highway 70 (State Road 1400). Police will escort until the intersection with Mill Creek Rd (SR 1407) and then stop traffic until all riders are through and up Old 70.
- At the gate at the end of Old 70, stay STRAIGHT on Point Lookout Greenway (SR 1400).
- Take a LEFT on Royal Gorge Rd (frontage road) just before reaching the overpass of Highway 40.
- Follow this road through the parking lot and onto Kitsuma (Trail 205).
- Kitsuma will turn into Youngs Ridge. Follow it down to the Old Fort Picnic Area.
- Turn LEFT out of the picnic area to make an immediate RIGHT onto Mill Creek Rd (SR 1407).
- Stay STRAIGHT to continue on to Graphite Rd (SR 1408).
- **Rest Stop 1** – Graphite Rd (SR 1408) at Brookside Baptist Church
- Continue Graphite Road to take a RIGHT on Star Gap (Trail 209).
- Turn LEFT on Jarrett Creek Road (FS Road 4030).
- Turn RIGHT onto Gateway Trail
- Turn RIGHT back onto Jarrett Creek Road (FS Road 4030)
- Follow this down through a recreation area to turn LEFT on Curtis Creek Road (SR 1227).
- **Rest Stop 2** – In area before bridge at Gateway Parking Area.
- Water Stop – Curtis Creek Road, about 2 miles past campground.

- Follow Curtis Creek Road (it will turn into FS 482) all the way to the Blue Ridge Parkway.
- **Rest Stop 3** Intersection of Curtis Creek Road and the Blue Ridge Parkway
- Turn LEFT onto the Blue Ridge Parkway.
- After Rest Stop 3, follow the Blue Ridge Parkway for around 7 miles and take a LEFT onto Old Mitchell Toll Road.
- Follow Old Mitchell Toll Road for about 8/10 a mile and turn LEFT onto a connector trail towards Heartbreak Ridge Trail.
- Turn RIGHT onto Heartbreak Ridge Trail (Trail 208).
- Follow this all the way down to take a RIGHT on Star Gap (Trail 209). This is what you rode up earlier.
- Follow it down to Graphite Road (SR 1408) and take a LEFT.
- **Rest Stop 4** – Graphite Rd (SR 1408) at Brookside Baptist Church
- Continue on Graphite Rd (SR 1408) to take a RIGHT on Mill Creek Rd (SR 1407).
- Follow Mill Creek Rd for around 1.5 miles and turn LEFT onto Bernard Mountain Road (FS 4037).
- Turn LEFT onto Bernard Mountain Trail.
- Turn LEFT onto Point Lookout Greenway.
- At gate stay straight onto Old US Highway 70 (State Road 1400).
- Turn RIGHT onto Orchard Street.
- Turn LEFT onto Commerce Street.
- Turn LEFT onto town singletrack.
- Cross Catawba Ave onto S. Railroad Street.
- Turn RIGHT onto Mauney Ave and follow it to the finish.