

Couch Potato – Course Directions

From Start at the bottom of Black Mountain Trail

Start up trail 127 – Black Mountain trail

Right on trail 364 – Grassy Road trail

Left on trail 143 – Sycamore Cove trail

Right on HWY 276

Right on FS Rd 477 – Avery Creek Rd

REST STOP 1 – Corner of FS 477/FS 5058

Right on FS Rd 5058 – Clawhammer Rd

Left on trail 127 – Black Mountain trail

Left on trail 327 – Avery Creek trail

Right on Buckhorn Gap trail

Left on FS 477 – Avery Creek Rd

REST STOP 2 – Corner of FS 477/FS 5058

Left on FS Rd 5058 – Clawhammer Rd

Right on FS Rd 5022 – Maxwell Cove Rd Right

on trail 127 – Black Mountain trail

