



Couch Potato
Pisgah National Forest - Ranger District - Pisgah Forest, NC
Saturday, November 11, 2023



Overall-All Categories

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Time</u>
1	360	Jarrold Kimball	Open Men	2:31:57
2	386	Ceejay Moody	Men 30-39	2:34:13
3	463	Sam Chalk	Men 30-39	2:36:35
4	723	Daniel Kimball	Men 50-59	2:38:31
5	710	David Soliday	Men 50-59	2:39:46
6	475	Erik Nogard	Men 30-39	2:41:24
7	316	Connor Hintz	Open Men	2:44:11
8	321	Thomas Holaday	Open Men	2:45:09
9	589	Chris Cronin	Men 30-39	2:49:54
10	205	Eric Henry	Men 40-49	2:51:52
11	740	Ahmet Erbas	Single Speed	2:52:11
12	639	Sam Leuthold	Men 30-39	2:52:12
13	765	Jacob Kaiser	Rhino	2:53:24
14	741	Osvaldo Abreu	Single Speed	2:54:26
15	764	Eric Meddaugh	Rhino	2:54:33
16	738	Jonathan Wilson	Single Speed	2:54:47
17	497	David Rauch	Men 30-39	2:55:40
18	230	Brian Becker	Open Men	2:57:15
19	715	Glenn Eickenhorst	Men 50-59	2:58:31
20	714	Michael Bonn	Men 50-59	2:59:07
21	686	Rob Pryor	Men 40-49	2:59:39
22	652	Erik Rippon	Men 40-49	3:00:47

Open Men

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	360	Jarrold Kimball	200	2:31:57
2	316	Connor Hintz	199	2:44:11
3	321	Thomas Holaday	198	2:45:09
4	230	Brian Becker	197	2:57:15
5	255	Jacob Brandt	196	3:23:03
6	354	Mason Pritchard	195	3:38:01
7	315	Damon Jorris	194	3:40:58
8	259	Adam Trunnell	193	3:51:19
9	236	Will Irwin	192	3:53:38
10	254	Andrew Lanteri	191	4:00:38
11	238	Juan Rodriguez	190	4:06:41
12	201	Sean Martens	189	4:21:57

Men 30-39

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	386	Ceejay Moody	200	2:34:13
2	463	Sam Chalk	199	2:36:35
3	475	Erik Nogard	198	2:41:24
4	589	Chris Cronin	197	2:49:54
5	639	Sam Leuthold	196	2:52:12
6	497	David Rauch	195	2:55:40
7	640	Andrew Nehlig	194	3:04:18

23	640	Andrew Nehlig	Men 30-39	3:04:18
24	381	Scott John	Men 30-39	3:05:58
25	780	Sarah Cronin	Women 30-39	3:07:47
26	676	Josh Page	Men 40-49	3:07:57
27	373	Westley Strellis	Men 30-39	3:10:46
28	499	Dominic DePaoli	Men 30-39	3:11:09
29	597	Chad Foster	Men 30-39	3:11:22
30	595	Sean O'Connor	Men 30-39	3:11:23
31	697	Mark Archambault	Men 50-59	3:12:51
32	786	Michael Hahn	Men 40-49	3:15:18
33	707	Eric Wilder	Men 50-59	3:15:33
34	776	Laura Peterson	Open Women	3:15:42
35	637	Brian Crist	Men 30-39	3:16:08
36	773	Rachel Boehm	Open Women	3:17:14
37	739	David Welnhofner	Single Speed	3:19:47
38	660	Christopher Hill	Men 40-49	3:19:51
39	436	Larry Wendel	Men 30-39	3:22:14
40	255	Jacob Brandt	Open Men	3:23:03
41	641	David Schlitter	Men 40-49	3:23:52
42	709	Shane Aycoth	Men 50-59	3:25:11
43	690	Sarah Legg	Open Women	3:27:04
44	748	Chris Meyers	Rhino	3:29:07
45	490	Matt Luce	Men 30-39	3:34:31
46	760	Jason Perrino	Rhino	3:34:50
47	767	Cooper Helms	Rhino	3:36:13
48	655	Jason Binde	Men 40-49	3:36:23
49	677	John Coppedge	Men 40-49	3:36:42
50	718	Eric Florence	Men 50-59	3:36:54
51	712	Bill Hascher	Men 50-59	3:37:22
52	354	Mason Pritchard	Open Men	3:38:01
53	429	Michel Evans	Men 30-39	3:38:08
54	658	Tony Anthony	Men 40-49	3:38:48
55	596	Christian Piers	Men 30-39	3:40:34
56	315	Damon Jorris	Open Men	3:40:58

8	381	Scott John	193	3:05:58
9	373	Westley Strellis	192	3:10:46
10	499	Dominic DePaoli	191	3:11:09
11	597	Chad Foster	190	3:11:22
12	595	Sean O'Connor	189	3:11:23
13	637	Brian Crist	188	3:16:08
14	436	Larry Wendel	187	3:22:14
15	490	Matt Luce	186	3:34:31
16	429	Michel Evans	185	3:38:08
17	596	Christian Piers	184	3:40:34
18	590	Timothy Reinhart	183	3:57:31
19	416	John Norton	182	4:02:48
20	384	Christopher Olsen	181	4:08:31
21	591	Bryan Lalonde	180	4:54:35
22	599	Tanner Suttles	179	5:13:12

Men 40-49

Place	Bib	Name	Series Points	Time
1	205	Eric Henry	200	2:51:52
2	686	Rob Pryor	199	2:59:39
3	652	Erik Rippon	198	3:00:47
4	676	Josh Page	197	3:07:57
5	786	Michael Hahn	196	3:15:18
6	660	Christopher Hill	195	3:19:51
7	641	David Schlitter	194	3:23:52
8	655	Jason Binde	193	3:36:23
9	677	John Coppedge	192	3:36:42
10	658	Tony Anthony	191	3:38:48
11	670	Jeremy Jarvis	190	3:44:12
12	651	Bill Ritter	189	3:51:26
13	667	Ben Marshall	188	3:53:46
14	687	Peter Nee	187	3:55:11
15	647	Christian Schaumann	186	3:57:19
16	656	Ryan Cooper	185	3:58:58

57	737	Kevin York	Single Speed	3:41:38
58	670	Jeremy Jarvis	Men 40-49	3:44:12
59	752	Jeremy Fraser	Rhino	3:45:11
60	722	Christopher Hill	Men 50-59	3:47:37
61	799	Sumner Smith	Women 50+	3:49:50
62	259	Adam Trunnell	Open Men	3:51:19
63	651	Bill Ritter	Men 40-49	3:51:26
64	236	Will Irwin	Open Men	3:53:38
65	667	Ben Marshall	Men 40-49	3:53:46
66	732	Tim Richards	Men 60+	3:54:47
67	687	Peter Nee	Men 40-49	3:55:11
68	750	Sean Kim	Rhino	3:56:25
69	647	Christian Schaumann	Men 40-49	3:57:19
70	590	Timothy Reinhart	Men 30-39	3:57:31
71	656	Ryan Cooper	Men 40-49	3:58:58
72	669	Brandon Davis	Men 40-49	3:59:25
73	254	Andrew Lanteri	Open Men	4:00:38
74	770	Lydia Boinest	Open Women	4:00:51
75	416	John Norton	Men 30-39	4:02:48
76	774	Rachel-Anne Scalla	Open Women	4:02:57
77	665	Michael Shifflett	Men 40-49	4:04:57
78	775	Jelena Chen	Open Women	4:05:41
79	791	Melissa Marshall	Women 40-49	4:05:42
80	238	Juan Rodriguez	Open Men	4:06:41
81	384	Christopher Olsen	Men 30-39	4:08:31
82	784	David Thompson	Rhino	4:08:52
83	761	Ryan Johnson	Rhino	4:09:02
84	793	Susanna Strellis	Women 50+	4:09:56
85	736	Rick Hester	Men 60+	4:11:09
86	726	David Thomas	Men 60+	4:11:52
87	688	Simon Andres	Men 50-59	4:13:24
88	725	Tom Martin	Men 60+	4:15:36
89	734	David Blakeley	Men 60+	4:15:39
90	746	Chad Capece	Rhino	4:16:02

17	669	Brandon Davis	184	3:59:25
18	665	Michael Shifflett	183	4:04:57
19	646	Paul McCann	182	4:16:15
20	682	Josh Finkler	181	4:31:03
21	642	Mark Rector	180	4:31:05
22	662	Thomas Ball	179	4:52:14
23	664	Billy Parr	178	5:02:40
24	654	Dwayne Hill	177	5:46:39
25	649	Stephen Tillotson	176	5:46:44

Men 50-59

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	723	Daniel Kimball	200	2:38:31
2	710	David Soliday	199	2:39:46
3	715	Glenn Eickenhorst	198	2:58:31
4	714	Michael Bonn	197	2:59:07
5	697	Mark Archambault	196	3:12:51
6	707	Eric Wilder	195	3:15:33
7	709	Shane Aycoth	194	3:25:11
8	718	Eric Florence	193	3:36:54
9	712	Bill Hascher	192	3:37:22
10	722	Christopher Hill	191	3:47:37
11	688	Simon Andres	190	4:13:24
12	716	Jeff Richards	189	4:27:05

Men 60+

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	732	Tim Richards	200	3:54:47
2	736	Rick Hester	199	4:11:09
3	726	David Thomas	198	4:11:52
4	725	Tom Martin	197	4:15:36
5	734	David Blakeley	196	4:15:39
6	729	Kent Blossom	195	4:29:57
7	727	Thomas DeSelms	194	4:45:43

91	646	Paul McCann	Men 40-49	4:16:15
92	766	Tracy Helms	Rhino	4:20:30
93	201	Sean Martens	Open Men	4:21:57
94	716	Jeff Richards	Men 50-59	4:27:05
95	729	Kent Blossom	Men 60+	4:29:57
96	778	Hannah Sheaffer	Women 30-39	4:30:44
97	682	Josh Finkler	Men 40-49	4:31:03
98	642	Mark Rector	Men 40-49	4:31:05
99	758	David Breiten	Rhino	4:33:52
100	787	Amanda Roberston	Women 40-49	4:33:53
101	763	Matthew Scala	Rhino	4:34:37
102	753	John Chastain	Rhino	4:39:25
103	756	Joseph Bergmann	Rhino	4:40:08
104	727	Thomas DeSelms	Men 60+	4:45:43
105	498	Niki Celani	Women 50+	4:50:20
106	662	Thomas Ball	Men 40-49	4:52:14
107	781	Cassandra Hodgson	Women 30-39	4:54:35
108	591	Bryan Lalonde	Men 30-39	4:54:35
109	733	Jay Lovett	Men 60+	4:55:30
110	789	Jacqueline Truong	Women 40-49	4:57:33
111	664	Billy Parr	Men 40-49	5:02:40
112	747	Andrew Pirtle	Rhino	5:04:04
113	788	Glory Soto	Women 40-49	5:10:40
114	772	Sydney Epter	Open Women	5:13:07
115	599	Tanner Suttles	Men 30-39	5:13:12
116	730	John West	Men 60+	5:19:25
117	731	William Davidson	Men 60+	5:19:26
118	654	Dwayne Hill	Men 40-49	5:46:39
119	649	Stephen Tillotson	Men 40-49	5:46:44

Overall-Men

Place	Bib	Name	Category	Time
1	360	Jarrod Kimball	Open Men	2:31:57
2	386	Ceejay Moody	Men 30-39	2:34:13

8	733	Jay Lovett	193	4:55:30
9	730	John West	192	5:19:25
10	731	William Davidson	191	5:19:26

Single Speed

Place	Bib	Name	Series Points	Time
1	740	Ahmet Erbas	200	2:52:11
2	741	Osvaldo Abreu	199	2:54:26
3	738	Jonathan Wilson	198	2:54:47
4	739	David Welnhofer	197	3:19:47
5	737	Kevin York	196	3:41:38

Rhino

Place	Bib	Name	Series Points	Time
1	765	Jacob Kaiser	200	2:53:24
2	764	Eric Meddaugh	199	2:54:33
3	748	Chris Meyers	198	3:29:07
4	760	Jason Perrino	197	3:34:50
5	767	Cooper Helms	196	3:36:13
6	752	Jeremy Fraser	195	3:45:11
7	750	Sean Kim	194	3:56:25
8	784	David Thompson	193	4:08:52
9	761	Ryan Johnson	192	4:09:02
10	746	Chad Capece	191	4:16:02
11	766	Tracy Helms	190	4:20:30
12	758	David Breiten	189	4:33:52
13	763	Matthew Scala	188	4:34:37
14	753	John Chastain	187	4:39:25
15	756	Joseph Bergmann	186	4:40:08
16	747	Andrew Pirtle	185	5:04:04

Open Women

Place	Bib	Name	Series Points	Time
1	776	Laura Peterson	200	3:15:42

3	463	Sam Chalk	Men 30-39	2:36:35
4	723	Daniel Kimball	Men 50-59	2:38:31
5	710	David Soliday	Men 50-59	2:39:46
6	475	Erik Nogard	Men 30-39	2:41:24
7	316	Connor Hintz	Open Men	2:44:11
8	321	Thomas Holaday	Open Men	2:45:09
9	589	Chris Cronin	Men 30-39	2:49:54
10	205	Eric Henry	Men 40-49	2:51:52
11	740	Ahmet Erbas	Single Speed	2:52:11
12	639	Sam Leuthold	Men 30-39	2:52:12
13	765	Jacob Kaiser	Rhino	2:53:24
14	741	Osvaldo Abreu	Single Speed	2:54:26
15	764	Eric Meddaugh	Rhino	2:54:33
16	738	Jonathan Wilson	Single Speed	2:54:47
17	497	David Rauch	Men 30-39	2:55:40
18	230	Brian Becker	Open Men	2:57:15
19	715	Glenn Eickenhorst	Men 50-59	2:58:31
20	714	Michael Bonn	Men 50-59	2:59:07
21	686	Rob Pryor	Men 40-49	2:59:39
22	652	Erik Rippon	Men 40-49	3:00:47
23	640	Andrew Nehlig	Men 30-39	3:04:18
24	381	Scott John	Men 30-39	3:05:58
25	676	Josh Page	Men 40-49	3:07:57
26	373	Westley Strellis	Men 30-39	3:10:46
27	499	Dominic DePaoli	Men 30-39	3:11:09
28	597	Chad Foster	Men 30-39	3:11:22
29	595	Sean O'Connor	Men 30-39	3:11:23
30	697	Mark Archambault	Men 50-59	3:12:51
31	786	Michael Hahn	Men 40-49	3:15:18
32	707	Eric Wilder	Men 50-59	3:15:33
33	637	Brian Crist	Men 30-39	3:16:08
34	739	David Welhofer	Single Speed	3:19:47
35	660	Christopher Hill	Men 40-49	3:19:51
36	436	Larry Wendel	Men 30-39	3:22:14

2	773	Rachel Boehm	199	3:17:14
3	690	Sarah Legg	198	3:27:04
4	770	Lydia Boinest	197	4:00:51
5	774	Rachel-Anne Scalla	196	4:02:57
6	775	Jelena Chen	195	4:05:41
7	772	Sydney Epter	194	5:13:07

Women 30-39

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	780	Sarah Cronin	200	3:07:47
2	778	Hannah Sheaffer	199	4:30:44
3	781	Cassandra Hodgson	198	4:54:35

Women 40-49

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	791	Melissa Marshall	200	4:05:42
2	787	Amanda Roberston	199	4:33:53
3	789	Jacqueline Truong	198	4:57:33
4	788	Glory Soto	197	5:10:40

Women 50+

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Series Points</u>	<u>Time</u>
1	799	Sumner Smith	200	3:49:50
2	793	Susanna Strellis	199	4:09:56
3	498	Niki Celani	198	4:50:20

37	255	Jacob Brandt	Open Men	3:23:03
38	641	David Schlitter	Men 40-49	3:23:52
39	709	Shane Aycoth	Men 50-59	3:25:11
40	748	Chris Meyers	Rhino	3:29:07
41	490	Matt Luce	Men 30-39	3:34:31
42	760	Jason Perrino	Rhino	3:34:50
43	767	Cooper Helms	Rhino	3:36:13
44	655	Jason Binde	Men 40-49	3:36:23
45	677	John Coppedge	Men 40-49	3:36:42
46	718	Eric Florence	Men 50-59	3:36:54
47	712	Bill Hascher	Men 50-59	3:37:22
48	354	Mason Pritchard	Open Men	3:38:01
49	429	Michel Evans	Men 30-39	3:38:08
50	658	Tony Anthony	Men 40-49	3:38:48
51	596	Christian Piers	Men 30-39	3:40:34
52	315	Damon Jorris	Open Men	3:40:58
53	737	Kevin York	Single Speed	3:41:38
54	670	Jeremy Jarvis	Men 40-49	3:44:12
55	752	Jeremy Fraser	Rhino	3:45:11
56	722	Christopher Hill	Men 50-59	3:47:37
57	259	Adam Trunnell	Open Men	3:51:19
58	651	Bill Ritter	Men 40-49	3:51:26
59	236	Will Irwin	Open Men	3:53:38
60	667	Ben Marshall	Men 40-49	3:53:46
61	732	Tim Richards	Men 60+	3:54:47
62	687	Peter Nee	Men 40-49	3:55:11
63	750	Sean Kim	Rhino	3:56:25
64	647	Christian Schaumann	Men 40-49	3:57:19
65	590	Timothy Reinhart	Men 30-39	3:57:31
66	656	Ryan Cooper	Men 40-49	3:58:58
67	669	Brandon Davis	Men 40-49	3:59:25
68	254	Andrew Lanteri	Open Men	4:00:38
69	416	John Norton	Men 30-39	4:02:48
70	665	Michael Shifflett	Men 40-49	4:04:57

71	238	Juan Rodriguez	Open Men	4:06:41
72	384	Christopher Olsen	Men 30-39	4:08:31
73	784	David Thompson	Rhino	4:08:52
74	761	Ryan Johnson	Rhino	4:09:02
75	736	Rick Hester	Men 60+	4:11:09
76	726	David Thomas	Men 60+	4:11:52
77	688	Simon Andres	Men 50-59	4:13:24
78	725	Tom Martin	Men 60+	4:15:36
79	734	David Blakeley	Men 60+	4:15:39
80	746	Chad Capece	Rhino	4:16:02
81	646	Paul McCann	Men 40-49	4:16:15
82	766	Tracy Helms	Rhino	4:20:30
83	201	Sean Martens	Open Men	4:21:57
84	716	Jeff Richards	Men 50-59	4:27:05
85	729	Kent Blossom	Men 60+	4:29:57
86	682	Josh Finkler	Men 40-49	4:31:03
87	642	Mark Rector	Men 40-49	4:31:05
88	758	David Breiten	Rhino	4:33:52
89	763	Matthew Scala	Rhino	4:34:37
90	753	John Chastain	Rhino	4:39:25
91	756	Joseph Bergmann	Rhino	4:40:08
92	727	Thomas DeSelms	Men 60+	4:45:43
93	662	Thomas Ball	Men 40-49	4:52:14
94	591	Bryan Lalonde	Men 30-39	4:54:35
95	733	Jay Lovett	Men 60+	4:55:30
96	664	Billy Parr	Men 40-49	5:02:40
97	747	Andrew Pirtle	Rhino	5:04:04
98	599	Tanner Suttles	Men 30-39	5:13:12
99	730	John West	Men 60+	5:19:25
100	731	William Davidson	Men 60+	5:19:26
101	654	Dwayne Hill	Men 40-49	5:46:39
102	649	Stephen Tillotson	Men 40-49	5:46:44

Overall-Women

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>Category</u>	<u>Time</u>
1	780	Sarah Cronin	Women 30-39	3:07:47
2	776	Laura Peterson	Open Women	3:15:42
3	773	Rachel Boehm	Open Women	3:17:14
4	690	Sarah Legg	Open Women	3:27:04
5	799	Sumner Smith	Women 50+	3:49:50
6	770	Lydia Boinest	Open Women	4:00:51
7	774	Rachel-Anne Scalla	Open Women	4:02:57
8	775	Jelena Chen	Open Women	4:05:41
9	791	Melissa Marshall	Women 40-49	4:05:42
10	793	Susanna Strellis	Women 50+	4:09:56
11	778	Hannah Sheaffer	Women 30-39	4:30:44
12	787	Amanda Roberston	Women 40-49	4:33:53
13	498	Niki Celani	Women 50+	4:50:20
14	781	Cassandra Hodgson	Women 30-39	4:54:35
15	789	Jacqueline Truong	Women 40-49	4:57:33
16	788	Glory Soto	Women 40-49	5:10:40
17	772	Sydney Epter	Open Women	5:13:07