

# Couch Potato – Course Directions

From Start at Cove Creek Campground

Out of the Campground

Right on FS 475

Right on FS 5046

Right on Daniel Ridge (105)

Left on Daniel Ridge (105)

## **REST STOP 1 – DANIEL RIDGE BRIDGE**

Right on FS 475

Left at Gloucester Gap onto FS 471

Left on Butter Gap (123)

Left on Long Branch (116)

Right on F.S. 5095

Right on FS 475

## **REST STOP 2 – DANIEL RIDGE BRIDGE**

Left on Daniel Ridge (105)

Right on Daniel Ridge (105)

Left on 225 connector

Right on F.S. 225

Left on Cove Creek (340)

